

Idaho Behavioral Risk Factor Surveillance System (BRFSS)

Adverse Childhood Experiences (ACEs), 2018/2020

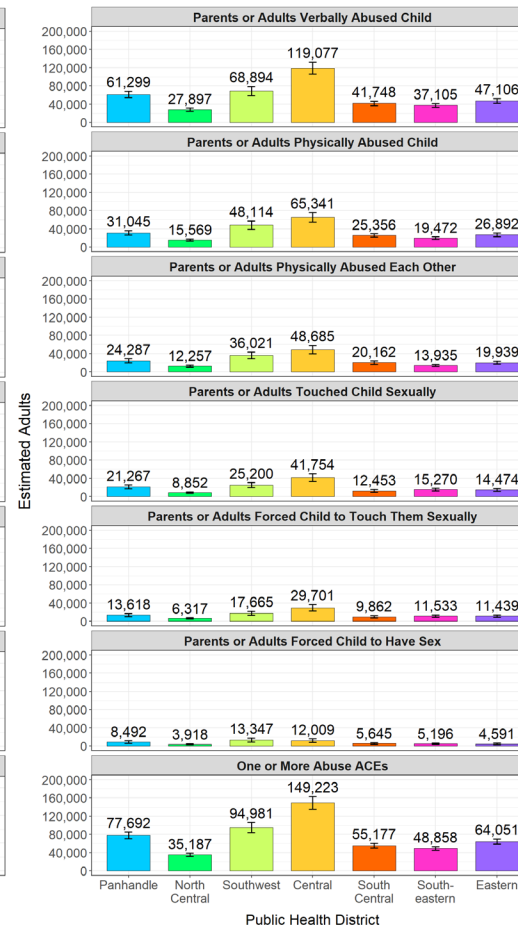
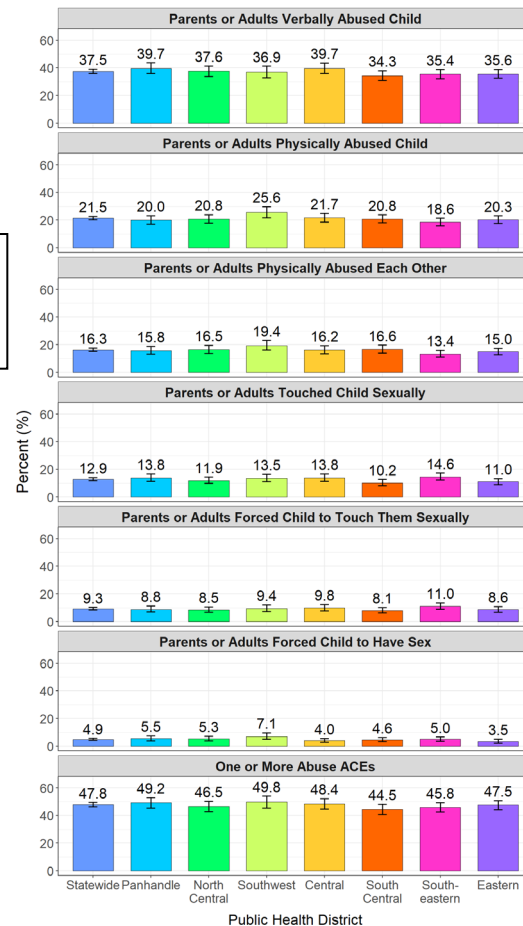
Part 1: Demographics

Section 2: Abuse ACEs¹

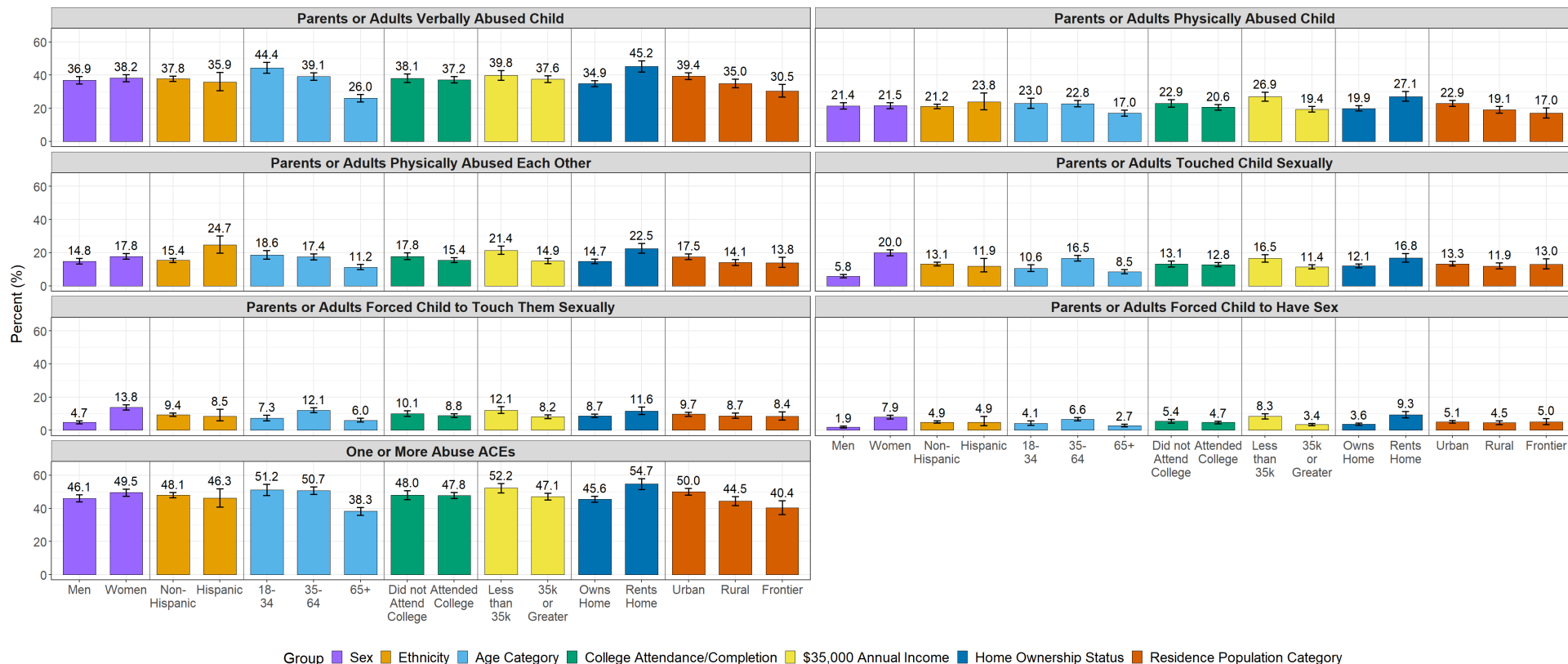
Adverse Childhood Experiences (ACEs) are designated as priority risk factors for monitoring in adults. The Idaho 2018/2020 BRFSS collected ACEs data as part of an optional CDC module. The results presented herein provide population estimates of abuse ACEs (verbal, physical, sexual) across certain demographic groups.

Among Idahoan adults, approximately 37.5% (403,126 adults) experienced verbal abuse at least once, 21.5% (231,789) physical abuse, 16.3% (175,288) domestic violence, 12.9% (139,270) were touched sexually by a parent or adult, 9.3% (100,135) forced to touch a parent or adult sexually, 4.9% (53,197) forced to have sex. Approximately 47.8% (525,169) experienced one or more of these abuse ACEs.

All public health districts had similar prevalences of abuse ACEs relative to statewide averages.



The Central and Southwest public health districts had the highest number of adults with abuse ACEs.



Significant differences² were identified across certain demographic groups for abuse ACEs variables:

Parents or Adults Verbally Abused Child:

- Younger adults **higher** than older adults (men and women⁴)³
- Rents home 1.3 times **higher** (men and women)
- Urban **higher** than rural (men) and frontier (men and women)

Parents or Adults Physically Abused Child

- Younger adults **higher**⁴ than older adults (women)
- Annual income less than \$35,000 1.4 times **higher** (women)
- Rents home 1.4 times **higher** (women)
- Urban **higher** than rural (women) and frontier (men and women)

Parents or Adults Physically Abused Each Other

- Women 1.2 times **higher** than men
- Hispanic 1.6 times **higher** (women)
- Younger adults **higher**⁴ than older adults (men and women)
- Annual income less than \$35,000 1.4 times **higher** (men and women)
- Rents home 1.5 times **higher** (men and women)
- Urban **higher** than rural (men) and frontier (women)

Parents or Adults Touched Child Sexually

- Women 3.5 times **higher**
- Middle-aged adults (35-64) **higher** than younger and older adults (men and women)
- Annual income less than \$35,000 1.5 times **higher** (women)
- Rents home 1.4 times **higher** (women)

Parents or Adults Forced Child to Touch Them Sexually

- Women 2.9 times **higher**
- Middle-aged adults (35-64) **higher** than younger and older adults (men⁴ and women)
- Annual income less than \$35,000 1.5 times **higher** (women)
- Rents home 1.3 times **higher** (women)

Parents or Adults Forced Child to Have Sex

- Women 4.2 times **higher**
- Middle-aged adults (35-64) **higher** than younger and older adults (men and women⁴)
- Annual income less than \$35,000 2.4 times **higher** (men and women)
- Rents home 2.6 times **higher** (men and women)

One or More Abuse ACEs

- Women 1.1 times **higher**
- Younger adults **higher**⁴ than older adults (men and women)
- Annual income less than \$35,000 1.1 times **higher** (women)
- Rents home 1.2 times **higher** (men and women)
- Urban **higher** than rural and frontier (men and women)

¹Error bars in plots indicate 95% confidence intervals (CI)

²Significant differences in crude prevalence were identified using stratum-adjusted Cochran-Mantel-Haenszel tests for general associations

³Values in parentheses indicate whether significant statewide associations were conserved in men and women, respectively

⁴Except for 18-34 vs. 35-64